Bridge of Hope



RISING STARS SPORTS CENTER (RSC) PROJECT PROFILE



Playing for a Purpose

BACKGROUND

Through Bridge of Hope, a Non - Governmental organization (NGO), registered at Rwanda Governance Board (RGB) as NO 793/RGB/NGO/LP/12/2021, that promote and protect the rights of vulnerable children by assisting them through Education, Health & Nutrition and Family transformation programs targeting marginalized and disadvantaged children; orphans and children living in disadvantaged communities in Rwanda, the Sports Ministry Program for Children is designed through the Rising Stars Sports Center to help to achieve Bridge of Hope's goal of creating an environment of sustained social welfare by providing children with a safe and supportive environment to learn and grow.

Sports has always been a tool that can be used to teach children valuable life skills such as teamwork, sportsmanship, and fair play which help children to succeed in school, work, and life.

In addition, the Sports Ministry Program for Children will be used as an outreach tool to share the Gospel of Jesus Christ with children and their families. By providing children with a positive experience of sports and ministry, it will build relationships with them and their families and share the love of Christ with them.

OBJECTIVES

- To provide children in rural villages with access to sports and physical activity.
- To teach children the importance of teamwork, sportsmanship, and fair play.
- To help children develop their physical skills and coordination.
- To promote healthy living and physical fitness.
- To share the Gospel of Jesus Christ with the children.

MISSION

To provide children in rural villages with the opportunity to participate in sports and physical activity, while teaching them the importance of physical fitness, sportsmanship, and teamwork and learn about Christian values through sharing the Gospel of Jesus Christ with them.

VISION

To see children in rural villages transformed through sports and faith, becoming healthy, well-rounded individuals who make a positive impact on their communities.

TARGETED POPULATION

Children aged between 5 and 12 years old boys and girls from rural villages throughout the country.





SCOPE OF OPERATION

The Sports Ministry Program for Rural Children will be offered in rural villages throughout the country. The program will be offered every Wednesday and Saturday during the academic year, and on a daily basis during the holidays.



LOCATION

The program will be held at community centers and community sports facilities.

REASON FOR CHOOSING THIS POPULATION

Children in rural villages often have limited access to sports and other recreational activities. This is due to a number of factors, such as lack of facilities, financial resources, lack of trained facilitators, and other socio-economic challenges.

This exposes children in rural villages to health problems such as obesity, and chronic diseases. Additionally, children may be more likely to engage in risky behaviors, such as drug abuse and gang violence.

It is for that matter Rising Stars Sports Center is designed to address this disparity by providing children in rural villages with the opportunity to participate in sports and physical activity in a safe and affordable way. Providing children with a supportive environment to learn and grow, a healthy outlet for their energy, and helping them to develop positive life skills.



REASON FOR CHOOSING THIS POPULATION

The Sports Ministry Program for Children through Rising Stars Sports Center is aligned with Bridge of Hope's mission and vision in the following ways:

• The program provides advanced education programs for children from early childhood to early adulthood by teaching them important life skills and values through sports.

• The program promotes youth education development by helping children to develop their physical, mental, and emotional health.

• The program participates in the spiritual growth of the youth in their communities by teaching them about Christian values and how to apply them to their lives.

• The program creates an environment with sustainable social welfare by providing children with a safe and positive place to learn and grow.

• The program assists in the development of vulnerable children to their full potential by supporting them through education programs.

• The program transforms communities through education and community development programs by providing children with the opportunity to learn and grow.

• The program provides for the means of access to basic rights and needs to children and their communities by providing them with a safe and healthy place to play sports.

NEEDED FACILITIES

- Sports equipment (e.g., balls, bats, goals, nets, etc.)
- Skilled volunteers
- First aid kits
- Safe drinking water
- Porridge and snacks
- Nutritious meals
- Space for physical activity
- Partners





NEEDED FACILITIES

The Sports Ministry Program for Rural Children through Rising Stars Sports Center is expected to achieve a number of positive outcomes, including:

• Increased awareness of the importance of physical fitness and sportsmanship among children and their families.

• Increased opportunities for children in rural villages to participate in sports and physical activity outside of the program.

• Increased participation in sports and physical activity among children in rural villages.

- Improved physical fitness and athletic skills among children in rural villages.
- Reduced rates of childhood obesity and chronic diseases among children in rural villages.
- Increased sportsmanship and teamwork among children in rural villages.
- Improved social and emotional well-being among children in rural villages.
- Increased self-esteem and confidence among children in rural villages.
- Development of leadership skills among children in rural villages.
- Increased community engagement and social cohesion in rural villages.

METRIC FACTORS FOR ASSESSING ACHIEVEMENT OF GOALS AND OBJECTIVES

The following metric factors can be used to assess the achievement of the Sports Ministry Program

for Rural Children's goals and objectives:

Physical and Athletic Development

- Number of children participating in the program
- Attendance rate for the program
- Children's physical fitness levels (e.g., body mass index, cardiovascular fitness, muscular strength and endurance)

Knowledge and Attitudes

- Children's knowledge of sports and fitness (e.g., rules of different sports, basic nutrition and fitness principles)
- Children's attitudes towards sports and physical activity (e.g., enjoyment of sports, perceived

importance of physical fitness)

Behavioral and Emotional Development

Children's self-esteem and confidence

• Children's social and emotional well-being (e.g., relationships with peers and adults, sense of

belonging to the community)

Community Engagement

- Number of community members volunteering for the program
- Number of community members attending program events
- Level of financial support for the program from the community

CONTACT

For more information about Bridge of Hope. Reach out to us:

Website: wwww.rsc.org.rw Tel: +250783885488 Email: sports@rsc.org.rw